



# RISE AND SHINE

## SCHEDULE



 Learning Centre

### Monday to Friday



9:00 - 10:15 am  
First session  
Subject: Math or Literacy



10:15 - 10:45 am  
Break time!



10:45 - 12:00 pm  
Second session  
Subject: Literacy or Math  
*Friday schedule is until noon*



12:00 - 1:00 pm  
Lunch break  
*This may include a walk to the park dependent on the weather*



1:00 - 3:00  
Group Activities  
Social Emotional Learning with Executive Function skills




 Sunrise Park

Make sure your child has:

 Water bottle

 Hat

 Sunscreen

 Snack and lunch for all breaks

Location: East Vancouver Learning Centre, 3292 E Broadway

Contact us with any questions.  info@ldsociety.ca  604.873.8139